Evidence-Based Practice Resources for School Counselors
Created by Dr. Carey Dimmitt for the Evidence-Based School Counseling Conference

See the Ronald H. Fredrikson Center for School Counseling Outcome Research and Evaluation website for additional resources: http://www.umass.edu/schoolcounseling/resources-for-counselors.php

School Counseling Outcome Research:
American School Counseling Association www.schoolcounselor.org
American Counseling Association: www.counseling.org/
Education Trust: http://www.edtrust.org/
Center for School Counseling Outcome Research and Evaluation: www.cscor.org

Evidence-Based Practices
Collaborative for Academic, Social, and Emotional Learning (CASEL): http://www.casel.org/
This page in CASEL lists all of the social emotional curriculum programs they have determined to be evidence-based (wide range of ages, prices, scope and sequence),
http://www.casel.org/programs/selecting.php

Academic Achievement
Council for Exceptional Children, www.cec.sped.org, 703-620-3660
The National Association for Gifted Children, www.nagc.org, 202-785-4268
Office of Special Education Programs Technical Assistance Center on Positive Behavioral Interventions & Supports, www.pbis.org/
Student Success Skills Program, www.studentsuccessskills.com

Bullying Prevention
Olweus Bullying Prevention Program (K-8), www.olweus.com;
www.olweus.org/public/index.page
PeaceBuilders (K-6), www.peacebuilders.com
Resolving Conflicts Creatively Program (K-6), www.ncrel.org
Second Step Violence Prevention Program (PreK-8),
www.cfchildren.org/programs/ssp/overview
Steps to Respect Bullying Prevention Program (Grades 3-6),
www.cfchildren.org/programs/str/overview/
**Educational Best Practices**
North Central Regional Educational Laboratory (NCREL): [www.ncrel.org](http://www.ncrel.org/)
Center for Comprehensive School Reform and Improvement (CCSRI): Info on professional learning communities, data-driven decision-making, [http://www.centerforcsri.org](http://www.centerforcsri.org/)
Southern Regional Educational Board (SREB), [http://www.sreb.org/Programs/HSTW/HSTWIndex.asp](http://www.sreb.org/Programs/HSTW/HSTWIndex.asp)
Southwest Educational Development Laboratory (SEDL): [www.sedl.org](http://www.sedl.org)
Teaching for Understanding (Developed by Project Zero at Harvard University School of Education): [http://www.pz.harvard.edu/Research/TfU.htm](http://www.pz.harvard.edu/Research/TfU.htm)

**Career Development and Planning**
ACT Career Planning Resources, [www.actstudent.org/wwm/index.html](http://www.actstudent.org/wwm/index.html)
The College Board, [www.collegeboard.com](http://www.collegeboard.com)
National Association for College Admission Counseling, [http://www.nacacnet.org/Pages/default.aspx](http://www.nacacnet.org/Pages/default.aspx)
Occupational Information Network (O*NET), [www.online.onetcenter.org](http://www.online.onetcenter.org)
The Real Game (K-12), [www.realgame.com/usa.html](http://www.realgame.com/usa.html)
Managing Conflict/Preventing Violence
Aggression Replacement Training, [www.uscart.org](http://www.uscart.org)
Association for Conflict Resolution, [www.acrnet.org](http://www.acrnet.org)
National Center for Mental Health Promotion and Youth Violence Prevention, [www.promoteprevent.org/publications/ebi-factsheets](http://www.promoteprevent.org/publications/ebi-factsheets)
Peace Education Foundation Materials, [www.store.peaceeducation.org](http://www.store.peaceeducation.org)
Peace Works Curricula, [www.store.peaceeducation.org/peermediation.aspx](http://www.store.peaceeducation.org/peermediation.aspx)
Peers Making Peace, [www.paxunited.org](http://www.paxunited.org)
School Mediation Associates, [www.schoolmediation.com](http://www.schoolmediation.com)

**Parent Resources**
Multisystemic Therapy Program, [www.mstservices.com](http://www.mstservices.com)
Parenting Wisely Program, [www.parentingwisely.com](http://www.parentingwisely.com)
PREP: Prevention and Relationship Enhancement Program, [www.prepinc.com](http://www.prepinc.com)
The Incredible Years: Parents and Children Training Program, [www.incredibleyears.com](http://www.incredibleyears.com)
The Nurturing Parent Program, [www.nurturingparenting.com](http://www.nurturingparenting.com)
The Strengthening Families Program, [www.strengtheningfamiliesprogram.org](http://www.strengtheningfamiliesprogram.org)
**Social Skill Development**
I Can Problem Solve Curriculum (PreK-6), [www.researchpress.com/product/item/4628](http://www.researchpress.com/product/item/4628)
Social Decision Making/Social Problem Solving Curriculum (2-5), [www.ubhcisweb.org/sdm](http://www.ubhcisweb.org/sdm)

**Substance Use and Abuse**
Alateen, [www.al-anon.alateen.org/](http://www.al-anon.alateen.org/)
Alcoholics Anonymous, [www.aa.org](http://www.aa.org)
Narcotics Anonymous, [www.na.org](http://www.na.org)
Michigan Model for Health, [www.emc.cmich.edu/mm](http://www.emc.cmich.edu/mm)
Partnership for a Drug Free America, [www.drugfreeamerica.org](http://www.drugfreeamerica.org)
Substance Abuse and Mental Health Services Administration, [www.samhsa.gov](http://www.samhsa.gov), 877-726-4727
Talking with Kids about Tough Issues, [www.talkwithkids.org](http://www.talkwithkids.org)
Too Good for Drugs/Too Good for Violence Programs, [www.mendezfoundation.org/too_good.php](http://www.mendezfoundation.org/too_good.php)